



Mayfield Primary School 'Valuing Every Achievement'

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Issue number 1

SAFEGUARDING NEWS

Welcome to the first of our 'Parents Safeguarding' news letters. We aim to send out different safeguarding news, which we feel will be of benefit to our families when children are outside of school hours. This will range from being predominantly online safety news to the dangers of being out and about in the local area. All news will be information given to school from a range of different children's safeguarding agencies including Lancashire Police, NSPCC, Childline and Lancashire Children's Safeguarding Board . We will appreciate any feedback from parents/carers and will be happy to publish any issues you feel may need covering. Please feel free to email on

safeguarding@mayfield.lancs.sch.uk

or alternatively contact the Designated Safeguarding Lead (DSL) Mrs Miller on

jmiller@mayfield.lancs.sch.uk

We Look forward to keeping you up to date with all things related to keeping our children safe.

The Mayfield Safeguarding Team

Childline - not just a phone call

In school, we aim to raise the children's' awareness of where they can get help outside your family homes should they need it and feel they cannot talk to someone they know. We have Childline posters (among others) up around school



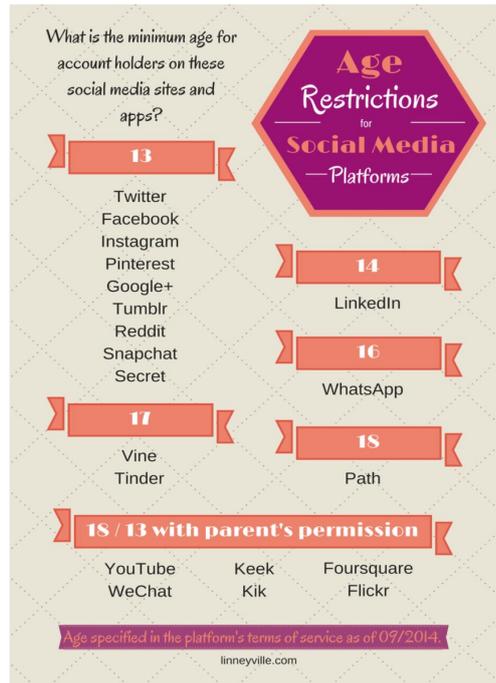
As well as being a supportive service, the Childline website has lots of valuable information and one area that could be particularly useful is their Calm Zone. The activities on there aim to help children feel better when they're feeling anxious, scared or sad. Although children could be encouraged to visit the website themselves, these are good techniques for adults to have a look at and use with their children. Ideas include: breathing exercises, a 'let it go' box and creating a 'sense drawer'.

To have a look at these, go to the Childline website here: <https://www.childline.org.uk/toolbox/calm-zone/>

Age Restrictions for Social Media Platforms

Do you know what your child is doing online? Are you routinely talking to your child and checking what internet sites they are accessing? It is very important to monitor and teach your child some key internet safety rules (and to role model them as adults helps)...

- 1) Don't post any personal information online – like your address, email address or mobile number
- 2) Think carefully before posting pictures or videos of yourself. Once you've put a picture of yourself online most people can see it—is it a photo you would want everyone to see?
- 3) Keep your privacy settings as high as possible (parents can help you)
- 4) Never give out your passwords (except to your parents if they want to check your accounts to keep you safe)
- 5) Don't befriend people you don't know
- 6) Don't meet up with people you've met online. Speak to your parent or carer about people suggesting you do
- 7) Remember that not everyone online is who they say they are—adults sometimes pretend to be children to make friends with you online
- 8) Think carefully about what you say before you post something online
- 9) Respect other people's views, even if you don't agree with someone else's views doesn't mean you need to be rude— sometimes it is better not to comment than to get into an argument
- 10) Use parental safety software/apps to block inappropriate internet use and monitor your children's online activity
- 11) Ensure that the online games your child wants to play are appropriate to their age
- 12) If you see something online that makes you feel uncomfortable, unsafe or worried: leave the website and



Useful Acronyms & Vocabulary about Safeguarding

DSL: Designated Safeguarding Lead

CP: Child Protection

LSCB: Local Safeguarding Children Board

CEOP: - Child Exploitation and Online Protection

Early Help: "providing support as soon as a problem emerges, at any

point in a child's life, from the foundation years through to the teenage years

TAF: Team Around the Family (part of Early Help)

Who's Who at MPS

◆ Mrs Jo Miller Lead DSL

◆ Mrs Hinchliffe Deputy DSL

◆ Mrs Carlton Deputy DSL

◆ Mr Denton Deputy DSL

USEFUL WEBSITES

<https://www.bbc.com/ownit>

<https://safetonet.com/foundation/covid/>

<https://www.childline.org.uk>

<https://www.bullying.co.uk/>

<https://www.kidscape.org.uk/>

Tell us if you are worried about a child

We have a duty to protect children and young people from harm caused by neglect or abuse. This includes investigating any allegations that a child might be being neglected or abused, and if necessary take appropriate action to protect the child.

Concerned about a child?

Call **0300 123 6720** or out of hours 0300 123 6722.—If you think a child is in immediate danger – don't delay call the police on 999.

The [NSPCC website](https://www.nspcc.org.uk) has advice about the signs, symptoms and effects of child abuse and neglect.